



# Lian Tanner

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## How to make a time capsule

What's a time capsule? It's a message you send to your future self!

1. Find a shoebox (if you're going to hide your time capsule indoors) or a big jar with a lid (if you're going to hide it outdoors).
2. Write a letter to your future self, telling them about your life now. If you're not sure what to write, try some of these: How old are you? Who's your best friend? What's your favourite food? Do you have a pet? What's your favourite thing to do? What do you hope to be doing a year from now? What are you scared of? What are you hopeful about? What's the first thing you're going to do when school re-opens?  
Add anything else you want to tell your future self.
3. Put the letter in the box or jar. Add photos of yourself, your family and friends. Add a tracing of your hand. A photo of your bedroom. A drawing. Maybe a couple of small treasures. Now close the box or jar up tight. If it's going to be outside, seal around the lid with candle wax.
4. How long are you going to leave your time capsule for? Six months? A year? Longer? Stick a note to the top of it, saying, 'DO NOT OPEN UNTIL \_\_\_\_\_'
5. Hide your time capsule in the wardrobe or bury it in the garden. Do your best to forget about it.

*Lian Tanner*

*Illustration: Sebastian Ciaffaglione*